TO BE UNITED IN LIVING LENT LOVINGLY......

Please look forward to celebrating Easter Day on Sunday 16th April.....

Please Discern Well what you will decide to commit to during Lent which begins this Wednesday.....

The "Living Lent Lovingly" sheet is offered to all to help you make the most of Lent **Shrove Tuesday:** all are invited to join Fr Tony and friends from previous lives this Tuesday in SJS Church and Club to start Lent together in good spirits:

at silent meditation from 6pm (as much as wish...) mass at 7pm, and Pancakes from 8pm in the Club for talk and eat

<u>Ash Wednesday this week:</u> with a reminder of our Baptism, the Holy Spirit's gift and the Forgiveness of our sins: masses 9.30am and 12noon at SJS and 7.30pm at SH.

Lenten Dates for your Diary Now:

- Women's World Day of Prayer is this Friday 3rd March 2pm in Sacred Heart. This year from women of the Philippines with prayer and song, followed by refreshments in the hall. It would be lovely to have a full church for this, ALL welcome....that includes MEN!
- Come and See at the Cathedral: First Sunday of Lent, 5th March
 At 3pm, new people are welcomed by the Archbishop and supporters as the
 newest members-to-be of our Catholic family. Very impressive and inspiring
 do come and support our new friends from Southport make your own way,
 or if you want help with transport please contact Monica.
- **The GIFT Prayer Group** on Tuesday 7th March at 7.30pm in SJS via Parish House
- **CAFOD Friday Fast Day** on 10th March: collect your envelope from now on.
- Our Lady's Guild: monthly mass on Friday 17th March, 7.30pm, the Feast of St Patrick. Lenten Retreat Day on Saturday 8th April in SJS, 9.30am-3pm, open to all and all genders!
- **Woodvale Community Breakfast** and Planting: eat from 9.30am in SJS Club on Saturday 25th March then join in the bulb planting for Sandbrook Way.
- **OCTAVE choir concert: From Tears to Joy:** Friday 31st March at 7.30pm in SJS a very special evening of spiritual music. Tickets £5, coming soon.

BECOMING DEMENTIA FRIENDLY PARISHES

Our Archdiocese is committed to this vital response to people's needs in our days, and thank God Southport is joining in well. Following on from our Information Sessions **Living Well With Dementia** this Tuesday, 2-3.30 in Sacred Heart hall is a realistic, friendly chance for those of us already trying to cope with our own or other's dementia and learn from each other. This does affect everyone, one way or another!

LET'S LIVE WELL TOGETHER

Coffee and Chat, SVP and Ainsdale Lunch and Leisure have joined up again and invite anyone who would like to our first **Sociable Sunday in SJS**: beginning 3.30-5pm for company, cake and connecting with family, in SJS Club this Sunday. Transport available through the parish office, Cath, Kay or Fr Tony.

FINDING YOUR FEET IN FLUID TIMES

Amid waves of change and uncertainty, politically and in the Church - many of which might be good for us -we offer helpful learning for staying afloat in your discernment: **ALL IS GRACE:**

An opportunity to deepen our understanding of God in all things, in all moments of our lives **with Fr Daniel O'Leary.** Sunday 5th March 1.30pm til 4pm in Fisher More Hall, Bishop Eton parish, Woolton Rd L16 8NQ. Hosted by ACTA: for more details and local map visit **acalltoaction.org** No charge, donations welcome

Being Disciples in a Changing Church: Saturday 18th March, from 2.00 – 3.30pm at SH, John Sullivan will address the questions about changes in the church which call for different emphases (as well as continuity) in our role as disciples. All are welcome.

IRENAEUS SPIRITUALITY TEAM:

The Living Christ Retreat:

THANK YOU to our volunteers with a fine response on Tuesday. We go to the Irenaeus Centre on Tuesday 21s t March for team building and formation.

On Saturday 29th April Fr Chris will lead a time on the **5 Ways of Sustaining Faith**

MATTHEW'S GOSPEL: Seek the Pearl of Great Price

Fr Chris Thomas will lead us learn afresh about the purpose of the writer, the original audience and the relevant themes for us Christian disciples today. Saturday 1st April, 10am-4pm with light lunch, at SJS. No charge, although donations welcome.

THE CONFERENCE: COME AND SEE

Sat/Sun 14th /15th October at Christ the King School: see the poster

MINISTRIES:

<u>Looking Out for the Elderly</u>: Tues 14th March at 7.30pm in SJS, a skills session for those in ministry and spiritual leadership: how to spot those who need help with staying warm, fed and mental health. Tips on living with Dementia. Training for Eucharistic services.

<u>Eucharistic Ministers Retreat Day</u>: Thursday 16th March, 10am til 4pm with lunch, at St Joseph's Freshfield. Please sign up with Monica in the office.

Asylum Link Merseyside: fundraising night - One World Concert on Saturday 18th March at St Anne's Church, Overbury Street L7 3HJ. Doors open 6.30pm show starts 7pm. Tickets £5 in advance from 0151 709 1713, or on the door.

Cathedral's Golden Jubilee Events

50th Solemn Jubilee Mass: Sunday 4th June Thanksgiving and celebration mass: 11am 13th May: Bluecoat presents Pierre Henry: The Liverpool Mass, at Cathedral 10th June: Royal Liverpool Philharmonic Orchestra present 'Gloria!' at Cathedral 2nd-5th June: Floral Tribute (free); dazzling floral displays themed on Cathedral life. See website & poster for more... http://www.liverpoolmetrocathedral.org.uk/golden-jubilee-events-announced/